



Workforce Solutions



About Us



OUR CLINIC

Unified Therapy Services opened in 2006 and over the years has expanded to four clinics within Dubuque, IA and Lancaster, WI. We specialize in the treatment of orthopedic, work, and sports related conditions. We are therapist owned, nationally recognized and continue to set the bar by exceeding customer expectations with platinum customer service by providing the highest quality of care in a friendly and encouraging environment!

OUR STAFF

Our staff is accredited and licensed in Iowa and Wisconsin, receiving continuing education multiple times a year. We are committed to staying up to date on therapy techniques and research to create an efficient recovery process.

Ann Pusateri is our Workforce Solutions Specialist. She is certified as a Designated Employer Representative, as well as certified in DOT & Non-DOT Drug & Alcohol testing, and Reasonable Suspicion testing.

WORKFORCE SOLUTIONS SERVICES INCLUDE:

- Educational in-services/trainings
- Pre-employment screenings
- Incumbent evaluations
- Drug and alcohol screenings
- Return to work/functional capacity evaluations (FCE's)

OUR COMMITMENT TO YOU

We help you reduce your frustrations and costs as an employer. When you utilize our therapists and isokinetic testing, you will benefit from our objective progress reports, frequent communication, quicker recovery times, and fewer injuries.

We provide:

- **Best Practices:** we utilize evidence based practices along with modalities of heat and a consistent, individualized treatment program
- **Communication:** you may receive updates of your employee's attendance and bi-weekly physical therapy reports

- **Efficiency:** we pride ourselves on efficiently returning employees to work
- **Control:** we help you stay in control of the claim, save money and prevent strength related injuries

CARING FOR YOUR EMPLOYEES

With one on one attention and individualized treatment plans specific to their needs, you will recognize the benefits while your employees receive the quality of care they deserve. Our highly qualified therapy staff have exceptional standards for rehabilitative care.

Contact us:

Phone: 563-583-3408

Email: annp@unifiedtherapy.com

www.unifiedtherapy.com

Office hours:

Monday-Thursday, 7am to 6pm

Friday: 7am to 2pm

Locations:

4135 Pennsylvania Ave., Dubuque, IA

1690 Elm St, Suite 230, Dubuque, IA

9179 Old Potosi Rd., Lancaster, WI



Ann Pusateri

**Workforce Solutions
Specialist**

Job Task Analysis



Job Task Analysis (JTA) is an on-site service to determine the Department of Labor Job Classification for selected jobs. Conducting a JTA involves trained professionals interviewing employees and supervisors, and observing them perform the required job tasks. We record work postures, reaches, pushes, pulls, and lift forces, along with the frequencies of the job tasks involved. The JTA is the most widely accepted and nationally used process for determining valid job content and employment requirements. This can be very useful for several reasons, including:

- Create accurate and valid job descriptions
- Determine legitimate physical job demands
- Develop and/or validate training curricula
- Assist occupational health professionals in establishing restricted duty guidelines after an injury
- Help identify areas of a job that may require excessive force
- Indicate ergonomic changes that may reduce force and on-the-job injuries

DETERMINING STRENGTH LEVEL BASED ON LIFTING OR CARRYING DURATION

Strength level	Duration of lifting or carrying				Percent of workday standing ^[1]
	Seldom	Occasionally *	Frequently *	Constantly *	
Sedentary work	Up to 10 pounds	Up to 10 pounds	Negligible weight ^[2]	No weight	Less than or equal to 1/3 ^[3]
Light work	11–25 pounds	11–25 pounds	1–10 pounds	Negligible weight ^[2]	
Medium work	26–50 pounds	26–50 pounds	11–25 pounds	1–10 pounds	
Heavy work	51–100 pounds	51–100 pounds	26–50 pounds	11–25 pounds	
Very heavy work	>100 pounds	>100 pounds	>50 pounds	>25 pounds	

^[1] Standing estimates includes time spent standing, walking, and in low postures.

^[2] Negligible weight includes anything lifted or carried weighing less than 1 pound.

^[3] When the sedentary lifting or carrying requirements are met, and more than 1/3 of the workday is spent standing, light work is required.

Source: U.S. Bureau of Labor Statistics, Occupational Requirements Survey.

*Occasionally: up to 33% of work day Frequently: Up to 60% of work day Constantly: Up to 67% of work day

Source: www.bls.gov/ors/factsheet/strength.htm



Drug/Alcohol Screenings



A DRUG-FREE WORKPLACE

Unified Therapy Services provides on- and off-site drug and alcohol screenings. We offer lab-tested collections of several panel choices for the Department of Transportation (DOT) and Non-DOT agencies. Reasons for testing include:

- Pre-employment
- Random testing
- Follow-up
- Return to work
- Reasonable suspicion
- Accident while on duty
- Court-ordered
- School programs

ADDITIONAL BENEFITS:

- Our technicians are fully certified
- Our Lifeloc Phoenix 6.0 BT provides immediate results for breath alcohol screenings
- Federal and non-federal drug testing custody and control forms are used for all testing
- Drug and alcohol screens are admissible in court

WE CAN SCREEN FOR:

- Alcohol
- Amphetamines
- Cocaine
- Opiates
- Marijuana
- Heroin
- Phencyclidine
- Barbiturates
- Benzodiazepines
- Methadone
- Methaqualone
- Oxycodone

* Additional screening panels available upon request.

